Skills-Based Coaching

Game Improvement Coaching Package

Series of *four* 1-Hour Private Coaching Sessions

Cover all four aspects of the game: Full Swing, Finesse Wedge Shots (Chipping/Pitching), Bunker Shots, & Putting, or focus on a couple of problem areas that you would like to improve. The choice is yours and every lesson will be tailored to you!

Total Value = \$560 (4 Hours of Coaching)

Your Tuition: \$499 (Paid in Full Discount!)

High Performance Coaching Package

This program will help you make a considerable improvement to your game in 90 days or less!

This 3-Month Training Program has been specifically designed for individuals who may have busy schedules, but still want a plan to improve their game and have more fun on the golf course.

Up to 2 Hours of Private Coaching Per Month

Includes the Following Services:

- o Initial On-Course Assessment Session and Player Improvement Plan
- o Course Management and Decision Making On-Course Coaching Session
- Practice Plan and Supervised Practice Session
- Video Swing Analysis Coaching Session
- Short Game Skills Evaluation and Practice Plan
- FlightScope X3 Launch Monitor Club Delivery and Ball Flight Analysis and/or Golf Club Fitting Session
- Personal '<u>CoachNow</u> Training Space' to store your library of videos, notes, and practice plans

Total Value = \$280 per month or \$840 (6 Hours of Coaching)

Your Tuition: \$250 per month (3 Months) or \$699 (Paid in Full Discount!)

Skills-Based Coaching

<u>The Ultimate Coaching Package</u>

This program is for you if you are determined to take your game to a seriously higher level!

This is a 4-Month Training Program that has been specifically designed for golfers who have a strong desire to improve their scores and the time necessary to commit to practicing in between coaching sessions, thus allowing for realistic progress! Players will receive coaching across all areas of improving performance.

We start with a complete on-course assessment session where your current skills will be tested. Following the assessment, a personalized practice plan will be designed to help transfer your skills to the golf course during "supervised practice sessions." This is a perfect program for a player who is serious about improving their scoring average.

Up to 3 Hours of Private Coaching Per Month

Includes the Following Services:

- o Initial On-Course Assessment Session and Player Improvement Plan
- Practice Plan and Supervised Practice Sessions
- o Course Management and Decision Making On-Course Coaching Sessions
- FlightScope X3 Launch Monitor Skills Combine
- FlightScope X3 Launch Monitor Club Delivery and Ball Flight Analysis
- Video Swing Analysis Coaching Sessions
- o Short Game Skills Evaluation and Practice Plan
- o High Performance Putting Session using <u>EyeLine Golf</u> Training Aids
- BodiTrak Shift System Pressure Mapping Analysis
- FlightScope X3 Launch Monitor Equipment Testing and Evaluation Session
- o Personal 'CoachNow Training Space' to store your library of videos, notes, and practice plans
- Titleist Performance Institute (TPI) Physical Fitness Assessment and Referral to Highly Qualified TPI Certified Personal Trainers and Movement Professionals

Total Value = \$420 per month or \$1,680 (12 Hours of Coaching)

Your Tuition: \$350 per month (4 Months) or \$1299 (Paid in Full Discount!)